

Ballet Track:

WEEK 1 sample	Tuesday	Wednesday	Thursday	Friday
6:00-7:30	Ballet Technique	Ballet Technique	Modern Technique	Ballet Technique
7:30-8:00	Pointe/Pre-pointe	Pas De Deux	Moveius Repertoire	Workshop
8:00-8:30	Variations			
8:30-9:30	Rehearsal	Rehearsal	Rehearsal	Rehearsal

	Saturday	
11:00-12:30	Ballet Technique	
12:30-1:00	Lunch Break	
1:00-2:30	Rehearsal (full intensive clients)	Workshop (weekly sign up clients)
2:30-4:00	Pas/ Rep/ Variation Review	
4:00-5:00	Weekly Showcase	

Modern Track:

WEEK 1 sample	Tuesday	Wednesday	Thursday	Friday
6:00-7:30	Modern Technique	Modern Technique	Ballet Technique	Modern Technique
7:30-8:00	Improv	Contemp. Partnering	Contemp. Choreo.	Workshop
8:00-8:30	Contemp. Choreo.			
8:30-9:30	Rehearsal	Rehearsal	Rehearsal	Rehearsal

	Saturday	
11:00-12:30	Modern Technique	
12:30-1:00	Lunch Break	
12:30-2:30	Rehearsal (full intensive clients)	Workshop (weekly sign up clients)
2:30-4:00	Choreo/Partnering Review	
4:00-5:00	Weekly Showcase	